

How to Pray Through ACTS

Example

Today's scripture reading is Psalm 44.

Adoration

Adoration is where we focus on who God is and express our awe and worship.

- Psalm 44 declares the works of God to conquer his enemies and save his people. Spend time praising God for the works he has accomplished in our church over the past year.

Confession

Confession uncovers who we are and what we have done. Confession allows us to receive the cleansing and forgiveness offered to us through Jesus.

- God knows the secrets of the heart (v. 21). Consider what you may be hiding from him and confess these hidden secrets.
- Tell God how you've fallen short in trusting him this week.

Thanksgiving

Thanksgiving is our humble response to the generosity of God, acknowledging that every good and perfect gift comes from him.

- Thank God for all that he's done in your life, in the life of your family, friends, neighbors, and church. Be specific! Psalm 44:8 says that we boast in God and give him thanks forever!

Supplication

Supplication is where we ask! Our heavenly Father delights in giving good gifts to those who ask him.

- Scripture is clear that our works are not our own. Ask God to work through our church. Ask God to make us holy, unify us, and keep us from temptation.
- Using the Missionary Prayer Guide, pray for one or two families serving around the world.