Short-term Trip Guidelines and Requirements: COVID-19

In light of global concerns regarding COVID-19 and varying guidelines around the world, as well as our desire to maintain the safety and health of our teams and partners, we have adopted the following guidelines and requirements for Summit short-term mission trips.

All short-term team members and leaders are required to:

- Provide proof of completed vaccination against COVID-19.
- Sign the liability waiver provided by your trip leader.
- Consult with your field partners to determine guidelines while in-country.
- Travel with proof of vaccination and negative COVID-19 viral test.

All short-term team members and leaders should also familiarize themselves with:

- <u>CDC guidelines</u> for international travel.
- Current <u>safety regulations and recommendations</u> for your location, including entry requirements and COVID restrictions.
- Airline requirements for your specific flights (proof of vaccination, COVID test, mask requirements, etc.).

Additional recommendations to consider:

- Wear a mask while outside unless distancing is maintained.
- Wear a mask inside when in shared spaces, including planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and while indoors at U.S. transportation hubs such as airports and stations.
- Practice social distancing whenever possible.
- Wash hands frequently or use hand sanitizer (with at least 60 percent alcohol content).
- All air passengers coming to the United States, including U.S. citizens and fully vaccinated people, <u>are required</u> to have a negative COVID-19 PCR test result no more than three days before travel or documentation of recovery from COVID-19 in the past three months before they board a flight to the United States.
- Get tested with a <u>PCR test</u> three to five days after travel AND stay home and self-quarantine for a full seven days after travel.
 - Even if you test negative, stay home and self-quarantine for the full seven days.
 - o If your test is positive, isolate yourself to protect others from getting infected.
 - o If you don't get tested, stay home and self-quarantine for 10 days after travel.