

21 DAYS OF PRAYER AND FASTING / JAN. 11

TO APPLY, NOT REHASH, THE SERMON

We want to start 2026 by joining our church family in *21 Days of Prayer and Fasting* (21 DOPF). This week's guide will alternate between discussion (💬) as a whole group and praying (🙏) together in smaller groups. We want to maximize our time in corporate prayer, so please limit the discussion to a maximum of about 5–7 minutes per question.

Group Discussion and Prayer

 **Introduction:** Let's have a few share personal plans and hopes for the 21 DOPF. Any tips to share? Is anyone doing something like this for the first time?

 **Sermon Discussion:** In this weekend's sermon from 2 Corinthians 6–7, we saw Paul distinguish between godly sorrow (sorrow over what sin does to God/others) and worldly sorrow (sorrow mainly over what sin does to us).

Where are you most prone to respond to sin with worldly grief (self-focused regret/hiding) instead of godly grief (bringing it honestly to God and turning)? What would a simple, specific prayer of confession/repentance sound like for you this week?

 **Pray (7 minutes):** In smaller groups: Confess (as appropriate), asking God for godly grief that leads to real repentance and for grace to walk in real change.

 **Ephesians:** This year's 21 Days of Prayer and Fasting guide follows Paul's prayers in Ephesians and gives daily verses and prayer points to guide our praying. **READ Ephesians 1:3–9 together.** In vv. 3–6, what do you learn about God's initiative and our identity in Christ? Point to one phrase that shows *how* God acts and one that shows *why* he does.

 **Pray (7 minutes):** Praise God for blessing you in Christ (v. 3). Thank him that his love/adoption comes from his will and grace (vv. 4–6). Ask him to make you holy and blameless in one specific way this week (v. 4).

 **Ephesians:** In vv. 7–9, what do redemption/forgiveness mean, and what does God's lavished grace produce in us? Point to one phrase that pushes back on shame and one that fuels prayer.

 **Pray (7 minutes):** Pray from vv. 7–9. Thank God that in Christ you already have redemption and forgiveness (v. 7). Praise him that this comes from the riches of his grace, not your worthiness (vv. 7–8). Ask for wisdom and insight to understand his will and obey today (vv. 8–9).

PRAYING FOR ONE ANOTHER

Stay in your smaller groups for this portion:

 **Pray (10 minutes):** Considering this week's sermon, what gospel truth are you most thankful for? Spend some time thanking God for what he has done for us in Christ.

 **Pray (15 minutes):** Share your personal prayer requests. What do you want God to do in your life and in the lives of those you know? Share these desires with each other and pray for one another.